

# Balance & Neuro Physical Therapy

## MEDICAL HISTORY QUESTIONNAIRE

Name: \_\_\_\_\_

Date: \_\_\_\_\_

AGE \_\_\_\_\_

Are you currently receiving Physical or Occupational Therapy  Yes  No

Have you received Home Health services in the past year?  Yes  No

Chief Complaint: \_\_\_\_\_

What is your goal for therapy? \_\_\_\_\_

If chief complaint is DIZZINESS or VERTIGO, please fill out section A and B; if not please proceed to section B.

### Section A

Was the onset of your problem  Sudden  Gradual  Traumatic

When did your symptoms begin? \_\_\_\_\_

Are your symptoms constant? (ALWAYS THERE, 24 hours a day)  Yes  No

How long do your symptoms last?  Seconds  Minutes  Hours  Days

Do your symptoms ever occur when you are COMPLETELY STILL?  Yes  No

Any symptoms made worse by:  lying down/rolling in bed  head movements  walking in the dark  loud sounds  supermarkets  
 other (Explain): \_\_\_\_\_

Have you experienced any of the following:  falls  sensation of being pushed down  spinning  sensation of rocking or swaying  
 vision "jumps"  change in vision  ringing in the ear  fullness or pressure in the ear  hearing changes  gait & balance instability

### Section B

Please explain how your problem affects your daily life: \_\_\_\_\_

What is your occupation? \_\_\_\_\_ Do your symptoms currently affect your work?  Yes  No

Do you currently exercise?  Yes  No

Have you fallen in the past year?  Yes  No

Do you feel unsteady?  Yes  No, If yes, with which activity? \_\_\_\_\_

Do you have any pain at this time?  Yes  No If yes, where? \_\_\_\_\_ Now \_\_\_/10 Worst \_\_\_/10 Best \_\_\_/10

Do you use a device for walking assistance?  Cane  Walker  Rollator

Please list any other medical equipment you have at home: \_\_\_\_\_

Are you currently under restrictions from your physician?  Yes  No Explain: \_\_\_\_\_

MEDICAL HISTORY: (Please circle all that apply)

No Significant History	Diabetes Mellitus I/II	Anxiety/Depression	Parkinson's Disease	Lupus
Alzheimer's/Dementia	Peripheral Neuropathy	Cardiovascular Disease	Fibromyalgia	Epilepsy
Migraine/Headaches	Traumatic Brain Injury	Meniere's Disease	Osteoarthritis	CVA/Stroke
High Blood Pressure	History of Cancer	Multiple Sclerosis	Cataracts/Glaucoma	Concussion

Other: \_\_\_\_\_

Please list any pertinent operations you may have had (i.e. joint replacements, pacemaker, etc.): \_\_\_\_\_

Please list all medications & DOSAGES that you are currently taking: \_\_\_\_\_

Please circle all diagnostic tests for this condition: None MRI CAT Scan ENG VNG Other: \_\_\_\_\_

To the best of my knowledge and belief, the information I have given is complete and true. I acknowledge that, while unlikely, treatment may cause side effects such as muscle soreness, bruising, tenderness, fatigue, falls, burns, nausea and dizziness. I hereby give my consent to receive therapy services at the Center for Balance and Neurological Physical Therapy.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_